

Even if I wanted to I couldn't give a recipe for this! Well I'll have a go...

Ingredients:-

Cauliflower Cheese (Rescued from a box in the freezer)
Chicken and Mushroom Pie filling ? possibly?! (Rescued from a box in the freezer)

Method:-

(1) Defrost.
(2) Demolish in the blender.
(3) Heat in a pan.

Served with a bit of greenery from the balcony box this was actually a very hearty lunch. We may have to postpone our experimental cooking until later this evening!